

## April Quotes Transformation

April 1. When we quit thinking primarily about ourselves and our own self-preservation, we undergo a truly heroic transformation of consciousness. Joseph Campbell

April 2. First comes thought; then organization of that thought, into ideas and plans; then transformation of those plans into reality. The beginning, as you will observe, is in your imagination. Napoleon Hill

April 3. Personal transformation can and does have global effects. As we go, so goes the world, for the world is us. The revolution that will save the world is ultimately a personal one. Marianne Williamson

April 4. It is all very well to copy what one sees, but it is far better to draw what one now only sees in one's memory. That is a transformation in which imagination collaborates with memory. Edgar Degas

April 5. The way of the Creative works through change and transformation, so that each thing receives its true nature and destiny and comes into permanent accord with the Great Harmony: this is what furthers and what perseveres. Alexander Pope

April 6. The call of death is a call of love. Death can be sweet if we answer it in the affirmative, if we accept it as one of the great eternal forms of life and transformation. Hermann Hesse

April 7. In the kind of world we have today, transformation of humanity might well be our only real hope for survival. Stanislav Grof

April 8. And what classical music does best and must always do more, is to show this kind of transformation of moods, to show a very wide psychological voyage. And I think that's something that we as classical musicians have underestimated. Michael Tilson Thomas

April 9. History is the transformation of tumultuous conquerors into silent footnotes. Paul Eldridge

April 10. What you're supposed to do when you don't like a thing is change it. If you can't change it, change the way you think about it. Maya Angelou

April 11. Sorrow prepares you for joy. It violently sweeps everything out of your house, so that new joy can find space to enter. It shakes the yellow leaves from the bough of your heart, so that fresh, green leaves can grow in their place. It pulls up the rotten roots, so that new roots hidden beneath have room to grow. Whatever sorrow shakes from your heart, far better things will take their place. Rumi

April 12. If the point of life is the same as the point of a story, the point of life is character transformation. If I got any comfort as I set out on my first story, it was that in nearly every story, the protagonist is transformed. He's a jerk at the beginning and nice at the end, or a coward at the beginning and brave at the end. If the character doesn't change, the story hasn't happened yet. And if story is derived from real life, if story is just condensed version of life then life itself may be designed to change us so that we evolve from one kind of person to another. Donald Miller

April 13. So you must not be frightened if a sadness rises up before you larger than any you have ever seen; if a restiveness, like light and cloud shadows, passes over your hands and over all you do. You must think that something is happening with you, that life has not forgotten you, that it holds you in its hand; it will not let you fall. Why do you want to shut out of your life any uneasiness, any miseries, or any depressions? For after all, you do not know what work these conditions are doing inside you. Ranier Maria Rilke

April 14. Practice is the hardest part of learning, and training is the essence of transformation.” Ann Voskamp

April 15. The Augustine warns me not to get attached to any obsolete ideas about who I am, what I represent, whom I belong to, or what function I may once have intended to serve. Elizabeth Gilbert

April 16. Scared and sacred are spelled with the same letters. Awful proceeds from the same root word as awesome. Terrify and terrific. Every negative experience holds the seed of transformation. Alan Cohen

April 17. Analysis does not transform consciousness. Jiddu Krishanmurti

April 18. Does the butterfly to be quake with fear as it waits to fly—or-- is surrender its way as it waits for the new day. Bettye Barclay

April 19. Questions are only as transformational as the commitment behind honestly answering them. Brandon A. Trean

April 20. Love is an expression of power. We can use it to transform our world. Ericka Huggins

April 21. We can see the Divine in each speck of dust, but that doesn't stop us from wiping it away with a wet sponge. The Divine doesn't disappear; it's transformed into the clean surface. Paulo Coelho

April 22. Meditation is an essential travel partner on your journey of personal transformation. Meditation connects you with your soul, and this connection gives you access to your intuition, your heartfelt desires, your integrity, and the inspiration to create a life you love.

Sarah McLean

April 23. Transformation is a process, a journey, not a one-time decision.

David Kinnaman

April 24. For the ethical, political activism was seductive because it seemed to offer the possibility that one could improve society, make things better, without going through the personal ordeal of rearranging one's perceptions and transforming one's self.

Tom Robbins

April 25. Only you can take inner freedom away from yourself, or give it to yourself. Nobody else can.

Michael A. Singer

April 26. This is our purpose: to make as meaningful as possible this life that has been bestowed upon us . . . to live in such a way that we may be proud of ourselves, to act in such a way that some part of us lives on.

Oswald Spengler

April 27. Lasting change cannot occur without transformation of the heart.

Nathan W. Morris

April 28. In her novel *Regeneration*, Pat Barker writes of a doctor who 'knew only too well how often the early stages of change or cure may mimic deterioration. Cut a chrysalis open, and you will find a rotting caterpillar. What you will never find is that mythical creature, half caterpillar, half butterfly, a fit emblem of the human soul, for those whose cast of mind leads them to seek such emblems. No, the process of transformation consists almost entirely of decay.

Rebecca Solnit

April 29. Transformation can come in the mysterious guise of shape-shifting, or through a simple change of mind.

C.R. Strahan

— C.R. Strahan, *Watercolor*

April 30. Transformation is the change that occurs again and again as we grow toward our highest potential, maybe the true meaning of “resurrection”. Bettye Barclay