

Forgiveness September 2015 Ministry Theme

September 1. To forgive is to set a prisoner free and discover that the prisoner was you.
Louis B. Smedes

September 2. A happy marriage is the union of two good forgivers. Robert Quillen

September 3. We are all on a lifelong journey and the core of its meaning, the terrible demand of its centrality is forgiving and being forgiven. Martha Kilpatrick

September 4. Forgiveness means letting go of the past. Gerald Jampolsky

September 5. The weak can never forgive. Forgiveness is the attribute of the strong.
Mahatma Gandhi

September 6. To forgive is the highest, most beautiful form of love. In return, you will receive untold peace and happiness.
Robert Muller

September 7. It is easier to forgive an enemy than to forgive a friend. William Blake

September 8. Without forgiveness life is governed by...an endless cycle of resentment and retaliation.
Roberto Assagioli

September 9. Forgiving does not erase the bitter past. A healed memory is not a deleted memory. Instead, forgiving what we cannot forget creates a new way to remember. We change the memory of our past into a hope for our future. Louis B. Smedes

September 10. Forgiveness is not an occasional act it is a constant attitude.
Martin Luther King, Jr.

September 11. He who cannot forgive breaks the bridge over which he himself must pass.
George Herbert

September 12. Life is an adventure in forgiveness. Norman Cousins

September 13. As long as you don't forgive, who and whatever it is will occupy a rent-free space in your mind.
Isabelle Holland

September 14. Genuine forgiveness does not deny anger but faces it head-on.
Alice Duer Miller

September 15. I wondered if that was how forgiveness budded; not with the fanfare of epiphany, but with pain gathering its things, packing up, and slipping away unannounced in the middle of the night.
Khaled Hosseini

September 16. Only the brave know how to forgive---a coward never forgave; it is not in his nature
Laurence Sterne

September 17. The willingness to forgive is a sign of spiritual and emotional maturity. It is one of the great virtues to which we all should aspire. Imagine a world filled with individuals willing both to apologize and to accept an apology. Is there any problem that could not be solved among people who possessed the humility and largeness of spirit and soul to do either—or both—when needed?
Gordon B. Hinckley

September 18. Forgiveness is a virtue of the brave.
Indira Gandhi

September 19. Forgiveness is a funny thing. It warms the heart and cools the sting.
William Arthur Ward

September 20. Forgiveness does not change the past but it does enlarge the future.
Paul Boese

September 21. Sincere forgiveness isn't colored with expectations that the other person apologize or change. Don't worry whether or not they finally understand. Love them and release them. Life feeds back truth to people in its own way and time—just and it does for you and me.
Sara Paddison

September 22. There's no love without forgiveness, and there is no forgiveness without love.
Bryant H. McGill

September 23. When you hold resentment toward another, you are bound to that person or condition by an emotional link that is stronger than steel. Forgiveness is the only way to dissolve that link and get free.
Katherine Ponder

September 24. Forgiveness is the fragrance that the violet sheds on the heel that has crushed it.
Mark Twain

September 25. Forgiveness is the key to action and freedom.
Hannah Arendt

September 26. If you can't forgive and forget, pick one.
Robert Brandt

September 27. Let us forgive each other—only then will we live in peace.
Leo Nikolaevich Tolstoy

September 28. Anger makes you smaller, while forgiveness forces you to grow beyond what you were.
Cherie Carter-Scott

September 29. Forgiveness is the finishing of old business that allows us to experience the present free of contamination from the past.
Joan Borysenko

September 30. Holding onto anger, resentment and hurt only gives you tense muscles, a headache and a sore jaw from clenching your teeth. Forgiveness gives you back laughter and the lightness in your life.
Joan Lunden

